

Nutrition Facts

22 Servings Per Container

Serving Size 1 Slice
(46g/1.62oz) (46g)

Amount Per Serving

Calories **80**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 250mg **11%**

Total Carbohydrate 17g **6%**

Dietary Fiber less than 1g **2%**

Total Sugars 0g

Protein 2g

Vitamin D 0mcg **0%**

Calcium 3mg **0%**

Iron 1mg **6%**

Potassium 25mg **1%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED UNBROMATED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON (REDUCED IRON), THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID.), WATER, NATURAL STARTER ((UNBLEACHED UNBROMATED FLOUR, WATER, ENZYMES)). CONTAINS 2% OR LESS OF THE FOLLOWING: PUMPERNICKEL FLOUR, SEA SALT, MALT DRY, YEAST, ASCORBIC ACID

CONTAINS: WHEAT

